

2. ALCOHOL AND DRUG RELATED PROBLEMS

ADDACTION

www.addaction.org.uk

Offers a free confidential service to adults with drug and alcohol problems. Worthing Open Access service offers telephone and drop in advice and information, one-to-one and group therapy, and screening and assessments with referral to specialist services. Has an interpreting service.

AL-ANON FAMILY GROUPS

Offers understanding and support for families and friends of problem drinkers. **Alateen** is for young people aged 12-17 who have been affected by someone else's drinking.

ALCOHOLICS ANONYMOUS

www.alcoholics-anonymous.org.uk

Provides a 24 hour helpline offering support, information and advice for anyone affected by an addiction to alcohol.

CHILDREN OF ADDICTED PARENTS AND PEOPLE (COAP) www.coap.co.uk

Website for young people to talk about their concerns and fears about a person who is abusing drugs and alcohol, or is addicted to some form of behaviour.

COMMUNITIES AGAINST DRUGS (Friends and Family Support)

Offer support/referral where problems with drugs or alcohol are affecting their family or community. Support group meets on 1st Thursday for friends and families of drug and alcohol users.

CRI TEVILLE ROAD DAY PROGRAMME

Community based day care treatment programme to provide flexible, structured and individualised support for people aiming to live drug and alcohol free lives. Operates a groupwork programme that incorporates key working and individualised care plans and includes links to education, training and employment opportunities. Priority given to people in the local catchment area, but will cater for clients from bordering rural areas.

FAMILIES ANONYMOUS

www.famanon.org.uk

Offers support through a helpline and self-help groups to families and friends of those with a drug or drug-related behaviour problem.

FRANK

www.talktofrank.com

Website and helpline available 24 hours a day for free and confidential drugs information and advice for young people, their parents and friends. A translation service is available for other languages.

SUSSEX ALCOHOL & SUBSTANCE USE SERVICES (SASS)

This service aims to minimise the misuse of alcohol and other substances and thereby reduce the harm to the individual and the community. Offers one to one confidential counselling for anyone concerned about their own drinking or someone else's.

WEST SUSSEX DRUG AND ALCOHOL ACTION TEAM (including Families and Friends Project)

www.westsussexdaat.co.uk

Offers free support and information from advisors and contact with other families. Also arranges a series of workshops and training for anyone affected by someone else's substance use.

WEST SUSSEX YOUNG PERSONS SUBSTANCE MISUSE SERVICE

Offers treatment and support to 10-19 yr olds in West Sussex with serious drug and alcohol problems, providing confidential, individual support and counselling. Also offers advice for parents/carers.