

## 12. HIV/AIDS

HIV/AIDS is affecting increasing numbers of people, whether they are infected themselves, or caring for someone else. New treatments mean that people's health and survival prospects are much better, but they are often living with a chronic long term condition.

### **AVERT**

[www.avert.org](http://www.avert.org)

AVERT aims to prevent people from becoming infected with HIV, to improve the quality of life for those already infected and to work with others to develop a cure. A large amount of information is available on the website, or by phoning the number above.

### **COMMUNITY SERVICE FOR PEOPLE WITH HIV/AIDS**

Part of NHS West Sussex, this is a community based service for anyone living with HIV/AIDS or caring for someone affected, providing information and advice on services.

### **GENITO-URINARY MEDICINE (GUM) CLINIC**

[www.warrenbrowneunit.nhs.uk](http://www.warrenbrowneunit.nhs.uk)

GUM clinic based at the Warren Browne Unit, Southlands Hospital, offers HIV related services including HIV testing, pre and post test counselling, health advice and outpatient care. A team of doctors, nurses, health advisers and ACT counsellors are available for prompt diagnosis and treatment of genital infections or sexually transmitted diseases.

### **PSYCHOLOGICAL THERAPIES SERVICE FOR HIV AND SEXUAL HEALTH**

The service provides a range of high quality specialist interventions, which promote and maintain the psychological well-being and health of individuals and groups affected by HIV, and/or those who are vulnerable to high sexual risk-taking, individuals experiencing sexual dysfunction and individuals who have experienced sexual trauma and have related sexual health problems.

### **SEXUAL HEALTH LINE**

A 24-hour, seven-days-a-week, free and confidential telephone service with advice about HIV, AIDS, sexual health, sexually transmitted infections, local services, clinics and support services.

### **TERRENCE HIGGINS TRUST SOUTH**

[www.tht.org.uk](http://www.tht.org.uk)

This is a Sussex-wide service providing practical and emotional support to people with HIV and helps to guide people through the maze of information and options surrounding the starting of and adhering to new treatments.

### **WORTHING HIV/AIDS TEAM**

The team provides a service to people in Adur, Arun and Worthing who are affected by HIV or AIDS. They work in an integrated team with health and the voluntary sector, providing a confidential service offering support at home depending on need.