

**Relatives Support can help with information and support on a large number of topics relating to your caring situation, including ...**

**People considering nursing or residential care:**

- Information on assessment
- Information on choice
- Vacancies
- Standards of inspection
- Funding queries
- Communications with care homes
- Emotional support through the process

The final choice of care and care home must of course be yours—whilst we can give information, we cannot recommend.

**Ongoing relatives' support:**

If your cared-for person is already in a care home, we will continue to offer support to you.

**Short term breaks for carers (respite):**

- Vacancies in nursing and residential care homes
- Respite at home
- Who to approach for finance

**Staying at home:**

- Help to find agencies that provide personal care at home e.g. Home Care
- Accessing benefits, finance
- Self Directed Support
- Meal delivery services
- Domestic support and household maintenance

**West Sussex County Council Adults Services:**

- Respite care, e.g. Day Centres
- Information about funding

**Relatives Support Reply Slip**

I would like to be put on the mailing list to receive regular information about Relatives Support, and/or I would like you to ring me:

**Name:** .....

.....

**Address:** .....

.....

.....

If you would like us to ring you, please tick this box and give us your phone number below:

**Tel. No:** .....

Please put the slip in an envelope to maintain your privacy and return it to the address overleaf. No stamp is needed.

**Carers Support Service**  
**FREEPOST SEA7752**  
**WORTHING**  
**BN11 1BR**

No stamp is needed

## Useful contacts

- **Relatives and Residents Association**  
24 The Ivories,  
6-18 Northampton Street,  
London N1 2HY  
Tel: 0207 359 8136 (advice line)
- **Care Quality Commission**  
Tel: 03000 616161
- **West Sussex County Council (Adults Services)**  
Tel: 01903 839100—Worthing  
01273 268800—Adur  
01903 738900—East Arun  
01403 213100—Chancetonbury

The Relatives Support project is funded by West Sussex County Council and is administered by Carers Support Service, Worthing & District.

Carers Support Service, Worthing & District is hosted by Guild Care, whose Registered Charity Number is 1044658.



Carers Support Service  
Worthing & District

## Relatives Support

**Information and support for carers of people considering nursing or residential care or arranging their own home care**

**Information and support**  
**Tel: 01903 536378**

**Admin**  
**Tel: 01903 528600**

**[www.carerswsx.org.uk](http://www.carerswsx.org.uk)**

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West Sussex Carers Support Services  
Working Together for Carers in West Sussex



The Princess Royal Trust  
for Carers